



2025 SCHOLAR'S ACTIVITY UPDATE

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BROWN NYANGOTO



I am thoroughly enjoying my second year at the Catholic University of Eastern Africa. I continue to build and maintain valuable friendships that enrich my learning experience while encouraging positive community engagement.

My Christian faith has played a key role in my growth by enhancing my spirituality through prayer. Our church activities motivate me to support others, especially those struggling with addictions.

Through interactions with diverse individuals, I've also improved my emotional management skills. Intellectually, I've gained significant insights, particularly regarding technology, through interactions with my professors.

Additionally, my passion for volunteering has led me to participate in community activities, such as a recent event where I volunteered at a medical camp to support those in need of medical assistance.



My second year at Pan Africa Christian University has been amazing! Thus far this year, I have had an enriching semester filled with various experiences. I volunteered at Overcomers Children's Home in Rongai-Nairobi, where I helped prepare meals and engage with the children, changing my perception of those living in children's homes.

I had an opportunity to attend the NACADA National Substance Use Prevention Summit to gain insights into drug use effects across different sectors and enhance my communication skills by networking with new friends.

I participated in a prayer retreat organized by the Christian Union at Heaven's Gate in Nakuru, which fostered my spiritual growth. I also participated in the university's sports day, winning two gold and one silver medal in various games! This reinforced my love for sports as a therapeutic outlet and a means to learn from experiences.

Overall, this semester has been fantastic! I am growing academically, spiritually, and socially. My interactions with lecturers (e.g., professors), peer students, and community members have been impactful, and I look forward to continuing my learning journey!

